

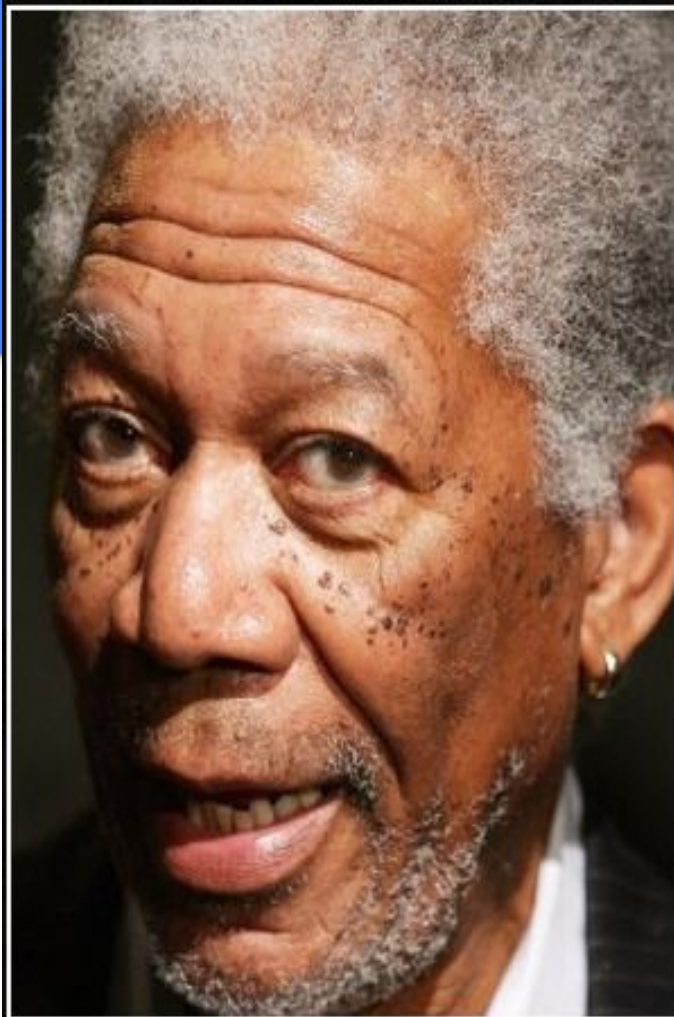
The "K" Word

Created by Beck's Kindness Club

The "K" Word

the quality of being

Kindness: friendly, generous, and considerate to ourselves and others.



How do we change the world? One
random act of kindness at a time.

— *Morgan Freeman* —

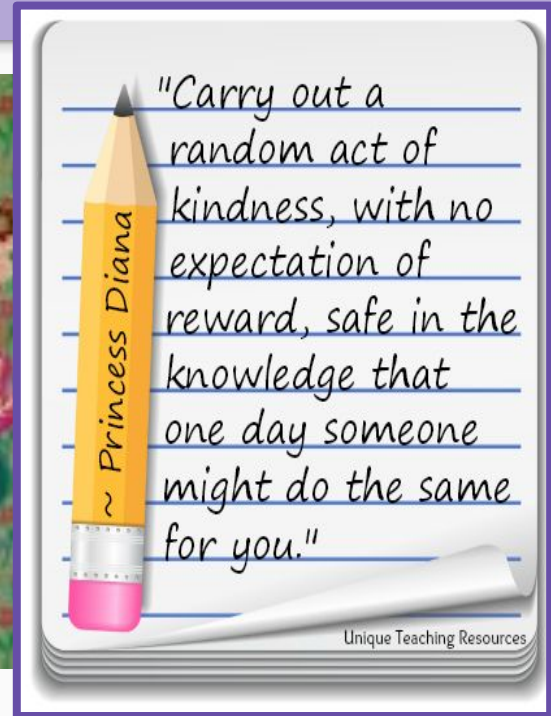
AZ QUOTES

THE "K" WORD = KINDNESS

The goals of Beck's Kindness Club:

promote activities that allow our school community to demonstrate and celebrate kindness within our school building and in our community

Kindness Boomerang Video



Beck's 3rd Annual 30-Day Kindness Challenge

The goal of the 30-Day Challenge is to focus our collective energy as students and staff to kick off 2019 spotlighting KINDNESS and provide strategies how we can infuse kindness in our everyday lives to make Beck and our world a better place.

Beck's 3rd Annual 30-Day Kindness Challenge

Every day for the next 30 days...

- an “act of kindness” will be selected for the daily challenge and announced via school announcements (M-F) or via Kindness Club’s Instagram (Weekends) and on Kindness Club’s Bulletin Board.
- If you are CAUGHT demonstrating the daily act of kindness, you have met the CHALLENGE!
- There will also be activities in RAP and shout outs for those “caught” being kind throughout the 30-Day Challenge!

SHARE YOUR NEWS OF KINDNESS...

Please let us know about your Acts of Kindness...

- An act of kindness you received from others
- An act of kindness you in which you participated, especially acts in our community

#30daykindnesschallenge2019



REMEMBER...

No act of kindness,
no matter how small,
is ever wasted.

- Aesop

What can YOU do to demonstrate kindness?



Would you like to join the Kindness Club?

The Kindness Club is always looking for students who would like to help plan creative ways to promote kindness in our school and in our community! Please see Mrs. Nieves in Room 13 if you are interested in becoming a member.